

Anthony Sausedo

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Leadership

Elder Project Proposal

For my Elder Project this year, I propose a community service project involving spending time at Bethany Home and volunteering there for multiple days. At Bethany Home, they already have numerous different things that volunteers can do there, including, but not limited to, building puzzles, serving snacks, driving the city van, and conversing with residents. In essence, my volunteer work would involve helping increase the happiness and comfort of the elderly residents at Bethany Home. There are two main reasons why I would want to volunteer at Bethany Home for my Elder Project, one based on the state of the world/our community and the other based on my own personal experiences. Yes, COVID restrictions and its effects have gone down significantly, but it is still a real and looming threat for older residents who are much more at risk for more severe health complications from COVID. I want to be a source of possible comfort and relaxation as the residents of Bethany Home are continuing to live through stressful times. In my childhood, my grandparents were a huge part of my upbringing, and they brought me so much joy, more than most other people in my life. Because of that, I understand the value of having older and wiser people in my life, and I want to give back to the Bethany Home residents who have made such big impacts on others throughout their lives. For specifics, I would definitely spend the most time setting up games and activities, talking with residents about their days, reading stories/poetry, and serving food for my Elder Project.